

My Story

In 2019, I was not in the greatest of health suffering from TMJ (a chronic, painful jaw condition) and Asthma (I had to use an inhaler especially during the hayfever season and when I would get a cold). In addition to my health, my weight gain was creeping up on me, as I wasn't eating a very healthy diet as I craved junk food!!! I know that something had to be done about it, otherwise it would really get out of control and I really wanted to be healthy, slimmer, and well.

My friend told me about some certified organic products that she was taking and seeing amazing results from. I did wonder how they could be different from other products that I had tried before (and in all honesty, had not made much of a difference!) but as they were 100% natural, I was willing to try anything that would help.

The first product I took was proteinmax, followed by superfoods plus and to cut a long story short: -

- My cravings vanished.
- · I lost 3 stone in just over a year.
- · My diet was much healthier.
- · My health improved massively.

And the journey continues.....

My Mission

I want others to experience a transformation in their life.

Whether this is done by me recommending amazing certified organic products, mentoring others in my business, or just by sharing inspiration through motivational posts.... I'm here to offer my help and support!



Superfoods Plus

Our first supplement, an all in one supplement that works in the body on a cellular level. Great for Gut health, gut health effects the whole body.



Protein Protein Max Original & Chocolate

The weight management meal replacement shake! For losing fat but retaining the muscle. Have for breakfast to lose weight. Have after working out to build muscle.



Tropical C Choc C

These are our 2 high quality vitamin C products, 100% natural with no synethics. More vitamin C than 8 oranges in each serving.



Hydrate Plus

The immune boosting super hydrating drink. Contains lots of electrolytes so great for sports people or people who just don't drink enough.

Immune booster.



Daily Greens

These very very good for you. Get all the benefits of super organic greens which are great for your health. Do you eat enough greens? Great for fussy eaters!



Pink Power

A great one for the ladies this one.

Containing high dose of organic cranberry this one is good for people who suffer with UTI'S and irregular body PH levels.



Beauty Boost

Full of anti aging antioxidant rich ingredients great for skin health. For skin conditions, wrinkles and fine lines. Rich in a fruit called Mangosteen.



Smartea

The weight Management green tea. Can be drank hot or cold. Main ingredient Matcha Green tea, which is much better than normal Green tea. Suppresses appetite and speeds metabolism.



Clever Choc

Spiced Clever Choc (only available in winter season)

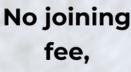
A weight Management hot chocolate!
Can also be had cold though. Contains cocoa bean powder from Ecuador. Mix with nut milk. Get your chocolate fix without all the sugar and rubbish.
Suppresses appetite and sugar cravings. Can also be made into chocolates.



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